
Off Campus Library Services

Indiana Wesleyan University
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Writing Your Paper

Getting Started

- Write from an outline or a concept map.
- The first draft should be a rough form of the paper. Return to the paper a day or two later to write the final draft.
- Use the spell check option in your word processing program.
- Use Grammarly, free to IWU N&G students. ([http://www.grammarly.com/edu](http://www.grammarly.com/edu))
- Consider having a friend proofread your paper.

Creating an Outline

APA does not provide instructions for formatting an outline, but your instructor may request that an outline be included with your paper. More information about creating an outline is available from the Purdue OWL site, *Four Main Components for Effective Outlines*, [https://owl.english.purdue.edu/owl/resource/544/01/](https://owl.english.purdue.edu/owl/resource/544/01/)

Formatting Your Paper

General Format

- 8 1/2 x 11 paper.
- Double space (everything).
- Margins are set at 1-inch on all four sides. (This is a default setting for Word.)

- Use only left justify.
- Allow your computer to move automatically to the next line, unless starting a new paragraph. This is called wordwrapping.
- Font-size 12, Times New Roman is the preferred font.
- Pages numbered in sequence starting with the Title Page.
- Use an active voice.
- A medium to formal tone is preferable for academic writing, e.g. slang and contractions should not be used.

Title Page

- Identify the title page with a Running head that is flush left and starts: Running head: TITLE IN ALL CAPS. (Substitute the title for your paper. This will change with every paper.) The title itself (in all capitals) should not exceed 50 spaces. It may need to be shortened from the end of the title. It does not have to be word for word but should convey the same idea as your full title. See the Sample Reference Paper at the end of this document for an example.
- The page number is placed in the upper right hand corner at the 1-inch margin from the right edge of the paper; ½ inch from the top of the page. Paging starts with page 1 on the
title page and continues throughout the paper. It should be on the same line as the running head and will be in the Header area of the Word document.

- Space down approximately two to three inches from the top of the paper. APA states that the title page info should be centered and placed in the upper one-half of the page.
- Include the full title, your name, and the institution. These words are typed in Title Case. Additionally, per the instructor’s direction, you may add the date and course identification, IWU plagiarism statement per your program’s and instructor’s requirements.
- All of these are double-spaced and centered.
- See sample paper at the end of this Guide.
- See video on how to set up your Title Page in Word. (http://media.indwes.edu/media/APA+Title+Page/1_ztcegu2g)

Abstract

- An abstract generally is not required. Check with your instructor.
- If it is, it is the second page of your paper after the title page.
- It is a separate page.
- Abstract is centered as the title at the top of the page and is not in bold or all caps.
- The abstract uses a block paragraph format (no indentation). The abstract should be about 150-250 words.
- See video from APA Style CENTRAL on how to write the abstract and add keywords. (http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-59)

Body of the Paper

- The running head continues, on every page, with associated page number, but the words, Running head, are omitted. Use just the title (or truncated title per instruction under Title Page) in all caps throughout the remainder of the paper. It is typed on the left hand margin. See Section Formatting Your Paper in Word, Setting Up the Running head, for formatting directions in Word.
- On the first page of text (page 2 if no abstract; page 3 if there is an abstract), repeat the full title, centered, one the first line available to type in the main body area of the Word page. It is typed in a combination of upper/lower case letters, or Title Case. This includes capitalizing all main word, proper nouns and any other words of four letters or more.
- Double space throughout the body of the paper.
- APA allows the use of two spaces following any punctuation mark such as periods, question marks or exclamation marks. However, you may have a professor who prefers only one space in the body text of the paper. The important thing is to be consistent throughout. So, if you start with two spaces after each punctuation mark in the body text, continue that practice consistently through the entire paper.
- The References list is an exception to this rule, as in a Reference only one space is used after any punctuation mark.
- Anything that is written in the body of the paper that is not an original thought, idea, fact, statistic of the student’s must include an in text citation. (See Section Citing Sources In Text for examples and fuller explanation.) With the exception of personal communication
and classical works, all of these sources must be listed in the References at the end of the paper.

- At the end of the written portion of the paper, enter a page break (word processing) so that the References page will start on a new page.
- See sample paper at the end of this Guide.

**References Page**

- Start the reference list on a new page. Inserting a page break at the end of the body of your paper will always keep your References at the top of a new page.
- Any source listed on the References page must be cited in the body of the paper.
- List references in alphabetical order.
- Type the word “References” in upper and lowercase letters – centered at the top of the page. Even if your paper only has one source that was used, this format should be used.
- Double-space all entries. Use only one space after a punctuation mark.
- Use hanging indent format. See Section Reference List Creation for Word for word processing instructions.
- Use the official, two-letter U.S. Postal Service abbreviations for all states. ([https://about.usps.com/who-we-are/postal-history/state-abbreviations.pdf](https://about.usps.com/who-we-are/postal-history/state-abbreviations.pdf))
- See the last two pages of the sample paper at the end of this Guide.
- See video on how to type the References page in Word. ([http://media.indwes.edu/media/Microsoft+Word+and+Your+References+Page/1_qvy2zi t3](http://media.indwes.edu/media/Microsoft+Word+and+Your+References+Page/1_qvy2zi t3))

**Tables, Figures, Appendices**

- Some papers necessitate additional explanatory information that fits better at the end of the paper rather than in the paper. They follow, immediately after the References page.
  - Tables – start each on a new page; caption is above the table.
  - Figures – start each on a new page; caption is below the figure.
  - Appendices – Start each on a new page.
- Label each item sequentially, e.g. Table 1; Table 2 or Figure 1, Figure 2 or Appendix A, Appendix B, etc.
- In a shorter paper or per instruction from your faculty, you may want to insert figures in the body of your paper where the information is discussed rather than at the end of the paper.
- Formatting for tables and figures is discussed in Section General Paper Formatting, Formatting Tables and Figures.

**Template for an APA Paper**

- A template which includes the correct margins, running head, pagination, and helps for headings within the paper, References entries, etc., is available from the APA Style page ([http://www2.indwes.edu/ocls >> APA Style, under Key Links >> APA Paper Template](http://www2.indwes.edu/ocls >> APA Style, under Key Links >> APA Paper Template)).
APA Video Helps

- Several short APA video helps are available from the APA Style page. These are short videos specific to certain topics of APA, e.g. how to cite a book; how to cite a journal article, etc.
- An overview video on APA formatting is available on the APA Style CENTRAL page. (http://www2.indwes.edu/oels >> APA Style CENTRAL, under Key Links >> Learn >> Tutorials) The direct link to this video: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/TUT-11
- A Quick Guide is also available on this topic. It is not as detailed but provides a very clear and basic overview: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-23

Citing Sources in Text

Plagiarism

- Plagiarism is defined as using someone else’s ideas, concepts, facts, illustrations, graphics, etc., as if they were their own. No credit is given to the original author of the materials used.
- APA is one of several scholarly writing systems or styles that give the writer a way to appropriately and correctly use these ideas, concepts, facts, illustrations, graphics, etc, in the text of their own writing.
- A video explaining how to avoid plagiarism and self-plagiarism is available on the APA Style CENTRAL site: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/TUT-14
- Think of APA as your insurance policy against plagiarism. Students sometimes use these concepts, may even paraphrase them and just hope that they do not get caught. The problem with the penalties of plagiarism is not that the content is used from someone else but that proper credit is not given to the original source. Citing sources in text gives the student a method to use whenever you choose to quote or paraphrase from another source.
- Quoting (word for word from the original source) or paraphrasing (restatement of the original source in your own words) requires an in text citation. Here are two methods that can be used for this illustrated source.


https://doi.org/10.1258/hsmr.2011.011008

- Quoting:
  - “Their professional norms focus on the quality of care that they provide and the need to continuously improve it” (Otani, Herrmann, & Kurz, 2011, p. 168).
Otani, Hermann, and Kurz (2008) emphasized that “their professional norms focus on the quality of care that they provide and the need to continuously improve it” (p. 168).

- Paraphrasing:
  - Nursing by its very nature emphasizes the care that is given to patients and the need to continually look for ways to better that care (Otani, Hermann, & Kurz, 2011).
  - Otani, Hermann, and Kurz (2011) stated that nursing by its very nature emphasizes the care that is given to patients and the need to continually look for ways to better that care.

- The original content of the article was used and credit was given to Otani, Hermann and Kurz. By looking in the student’s References list the reader could easily determine which entry it was if they cared to go to the original source.

- Proper citation leaves no doubt in a reader’s mind who originated the concepts, phrasing, or experiences expressed in a document. Students sometimes think that they have done their due diligence when an in text citation is attached at the end of a paraphrase containing multiple sentences. However, this construction may confuse the reader as to what originated with the student and what originated with the cited source. Students should either provide a citation for each applicable sentence or they should begin a multi-sentence paraphrase with wording which indicates that what follows is derived from the cited source. An example of this might be: Jones (2012) developed the theory of XYZ based on the following four concepts. The first concept is . . .

- These explanations underscore the need for properly quoting or paraphrasing materials in order to avoid plagiarism or self-plagiarism. The next section on In Text citations explains and provides examples for the proper format of quotes and paraphrases.

- An overview of these topics is available in the Learn section of the APA Style CENTRAL site in the Quick Guide on Direct quotations and paraphrasing: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-25

**In Text Citations**

- Quoting a source is when you take the words exactly as they appear in the original source.
  - Set off the quotation with quotation marks (less than 40 words)
  - Use an indented block quote (40 or more words) [See sample paper at the end of this Guide].
  - An in text citation for a quoted source should include author (or title if no author), copyright date, page number(s)/paragraph number(s) or section title.
    - “Sentence of quoting from a source” (Wilson, 2010, p. 34). This is an example of a parenthetical in text citation.
    - Wilson (2010) emphasizes “sentence of quoting from a source” (p. 34). This is an example of a narrative in text citation.
  - The first time the source is used within a paragraph the author, date, and location information is given. If that same source is repeated within the same paragraph with no other intervening source used, the date can be omitted if the format for the in text citation is as follows: Almay and Lockerby (2007) pointed out . . . . Almay and Lockerby speculated . . . .
used, the author and date information should be repeated for all in text citations. Example: (Almay & Lockerby, 2007).

- Examples of way to cite a direct quotation (less than 40 words):
  - According to Franco, Costa, Butler, and Almeda (2017) in “this model, cognitive processes undergo a process of development” (p. 717).
  - In 2017, Franco, Costa, Butler, and Almeda noted that in “this model, cognitive processes undergo a process of development” (p. 717).
  - In “this model, cognitive processes undergo a process of development” (Franco, Costa, Butler & Almeda, 2017, p. 717). “This model, cognitive processes undergo a process of development” according to Franco, Costa, Butler, and Almeda (2017, p. 717).
  - Franco, Costa, Butler and Almeda’s (2017) study concluded that in “this model, cognitive processes undergo a process of development (p. 717).

- Paraphrasing a source is when you take an idea, concept, etc., and restate it using your own words.
  - It is not set off with quotation marks.
  - In text citation for a paraphrase should include the author (or title if no author), and copyright date.
    - Wilson (2010) recounted that information should be documented in a writing style. This is an example of a narrative in text citation.
    - Information is documented in a writing style (Wilson, 2010). This is an example of a parenthetical in text citation.
  - A good method of knowing for sure you are paraphrasing is to read the material until you understand it. Place the material aside and write out your paraphrase from memory. It is not likely that you will write it down word for word. Then give the appropriate citation per below!

- Quoting in text citations for one and multiple authors. Always cite what is in the first position of the References entry.
  - One author
  - Two authors
    - (Smith & Jones, 2009, para. 7).
    - Smith and Jones, (2009) acknowledged “…” (para.7).
  - Three authors to five authors
    - (Smith, Jones, & Brown, 2009, Section Company History), for the first time the source is cited. Thereafter, for that source, use (Smith et al., 2009, section Company History).
    - Smith, Jones, and Brown (2009) maintained “…” (p. 16). The next time that source is used it would be, Smith et al. (2009) writes “…” (p. 16).
  - Six or more authors
    - The first time the source is used, note the first author with et al. White et al. (2010) proposed….
    - Any citation with more than seven authors also has a certain way to cite in the References list. The first six authors are all written out in the order they appear in the original source. Then use three ellipses and list the last
author listed. So if the source you are citing as 12 authors, write out the first six listed on the source and the 12th author. Authors in the seventh through eleventh positions are completely omitted. Here is an example of an article that has 10 authors:


*Empowerment in Organizations, 4*(1), 6–11. [https://doi.org/10.1108/09684899610111025](https://doi.org/10.1108/09684899610111025)

- No author
  - Use the first few words of the title, since the title has now moved to the first position in the References entry.
  - For articles from periodicals, use quotation marks around the title and capitalize all significant words. (“Fun Learning APA,” 2010, p. 23)
  - For books, online technical reports, use italics just like the title displays in the References list, but the significant words are capitalized, unlike the corresponding References entry. *(Using APA to Write Scholarly, 2013, p. 277).*
  - See example in the sample paper at the end of the document. There is an in text citation for “Servant Leadership,” n.d., para. 1) and its corresponding References entry in the References list.

- Corporate author
  - Corporate author that is readily recognized by their acronym. *(United Nations [UN], 2008, section History).*
  - Corporate author with no acronym or an acronym that is not easily recognized or is used by multiple organizations/companies. *(Lawrence North High School, 2000, p. 5).*

- Paraphrasing in text citation for one and multiple authors.
  - One author
    - *(Jones, 2010).*
    - Jones (2010) noted ….
  - Two authors
    - *(Smith & Jones, 2009).*
    - Smith and Jones, (2009) acknowledged ….
  - Three authors to five authors
    - *(Smith, Jones, & Brown, 2009), for the first time the source is cited. Thereafter, for that source, use (Smith et al., 2009).*
    - Smith, Jones, and Brown (2009) maintained…. The next time that source is used it would be, Smith et al. (2009) wrote….
  - Six or more authors
    - The first time the source is used, just note the first author with et al. White et al. (2010) proposed….
  - No author
- Use the first few words of the title, since the title has now moved to the first position in the References entry.
- For articles from periodicals, book chapters, non-technical websites use quotation marks around the title and capitalize all significant words. (“Fun Learning APA,” 2010)
- For books, technical reports found on the web, etc., use italics just like the title displays in the References list (American Psychological Association, 2010). Here is an example of an in text citation for a source with no author: The title of the book is: Gray’s Anatomy. In the References list the citation would be:


  The in text citation would be: (Gray’s Anatomy, 2016) for a paraphrase and for a quote, it would include the page number after the date.

- Corporate author
  - Corporate author that readily recognized by their acronym. (United Nations [UN], 2008).
    - This is used the first time it is cited. Subsequent times the acronym only can be used (UN, 2008).
  - Corporate author with no acronym or one that may refer to multiple corporate authors. (Lawrence North High School, 2000).

- When no date is apparent, use n.d. in place of the date position. (Webber, n.d.)
- When you have multiple sources with the same author and the same date, the reader must be able to differentiate between the sources. Each source is alphabetized in the References list by the title since it is the first difference in the citation (same author(s) and date). Then a small letter a, b, etc. is attached to the date. The date plus the small letter are used in the References list and the in text citation. See sample References list at the end of this document for an example. Each of the entries are Greenleaf, R. K. (1996). One title is On becoming a servant-leader and one is Seeker and servant and one. The first one is assigned (1996a) and the second one is assigned (1996b). The in text citations for a paraphrase of the first entry would be (Greenleaf, 1996a).
- When you have multiple sources by the same author, but different dates, list them in your References by date order. For the in text, the date will point to the corresponding entry in the References list.
- Sometimes there is a need to cite multiple sources because that idea/concept is repeated in several sources. The citations are included in the same parenthetical, in alphabetical order. Here is an example (Brown, 2005; Lang, 2013; Smothers, 2003; & Wills, 2004).
- What needs to be cited:
  o Using words verbatim from another source.
  o Introducing facts, statistics, or illustrations that you find in another source.
  o Taking an idea, theory, or concept and building on it for your own conclusions.
  o When writing code or building on someone else’s code (computer programming).
  o Or, anytime that you are not sure if by not citing you might be guilty of plagiarizing. (It is better to be safe than to plagiarize!)
- What does not need to be cited?
o Your own ideas.
o Your personal experiences.
o Common knowledge:
  - Information that most educated people already know.
  - Information that can very quickly be found in most dictionaries or encyclopedias.
  - Information belonging to everyone. Some common sayings cannot be attributed to any one person. How do you know if it is common knowledge? If it is mentioned in five or more sources.

Secondary Sources

- It is preferable to use the original quotation of a person, but occasionally, you see a quote that someone else has quoted in an article/book you are reading and you feel that using the quote will be beneficial to your writing. This needs to be documented as a secondary source.
  - In text citation. The quote is from Christine Van Dae but it was in an article by F. De Meglio.
  - Van Dae “we just don’t know what we’ll see with the final numbers three months after graduation” (as cited in De Meglio, 2013, para. 3).
  - References entry would be for the website article by De Meglio. Van Dae is not cited in the References list.
    - Of course, this citation would be formatted per APA with double spacing and hanging indent.
- A Quick Guide for secondary sources is available on the APA Style CENTRAL pages at this link: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-26

Lists or Seriation

- APA prefers the use of the following format for lists:
  - Separate paragraphs or long sentences (such as steps in a procedure) should use numbered lists. See sample paper at the end of this Guide.
  - Short words within a paragraph should use lowercase letters enclosed in parentheses, e.g. (a) word word, (b) word, and (c) word word word.
  - Bulleted lists can be used although APA prefers the use of numbered or lettered lists.
- A Quick Guide on Lists is available on the APA Style CENTRAL pages at: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-20

Headings

- Headings help break the paper into sections.
- Generally, a small paper will only need a couple of heading divisions.
- For a large paper, you can use up to 5 headings.
- Headings are used in the body of the paper. The abstract, title, chapter divisions or References are not part of the heading structure.
- Do not use Introduction as a heading right under the title on page 2 as it is assumed that the first couple of paragraphs of the paper are the introduction.
- A note about the headings shown in this document. They are not per APA. The shading and bold type were used to emphasize and facilitate navigation of the document.
- A Quick Guide explaining APA headings is available from APA Style CENTRAL at: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-21
- Example of headings in APA:

<table>
<thead>
<tr>
<th>Level 1 – Centered, Boldface, Upper and Lowercase</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start paragraph with normal paragraph indent, double-spaced.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 2 -- Flush Left, Boldface, Uppercase and Lowercase</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start paragraph with normal paragraph indent, double-spaced.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 3 -- Indented, boldface, lowercase paragraph heading ending with a period.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sentence starts immediately after the period.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 4 -- Indented, boldface, italicized, lowercase ending with a period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start paragraph with normal double-spacing, in line with heading.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 5 -- Indented, italicized, lowercase paragraph heading ending with a period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start first paragraph in line with heading.</td>
</tr>
</tbody>
</table>

**Credibility in Using Sources, e.g. Wikipedia**

Many journals, by nature of their publisher, go through a peer-review process. An expert editorial board determines that any article printed in that journal is new research and trusted research. These are called *peer-reviewed, refereed, or even scholarly*. Magazines or newspapers, such as, *Time*, *Business Week*, *Health*, *Reader’s Digest*, *New York Times*, *Wall Street Journal*, etc., are not peer-reviewed sources. See OCLS tutorial, http://www2.indwes.edu/ocls/Scholarly_Journal_Tutor.html

Non-fiction books, especially if coming from textbook publishers, e.g. Pearson, Thomson, etc., or university presses are considered peer-reviewed as they go through an editorial process in their publication process. Generally, you can trust non-fiction books.

Web sites are not considered peer-reviewed. There are some very good web sites and some that are just plain inaccurate information. There is no peer-review process as anyone can put up a web page if you have a server to store the web file. The researcher has to serve as the one to determine authenticity of a web page. OCLS provides a tutorial on criteria to look for when evaluating a web site at the following URL, http://www2.indwes.edu/ocls/WebEvaluation.html.
One of these web sites that is not considered appropriate for academic work is Wikipedia, http://www.wikipedia.org. Although it provides good background information, by its very nature, it is a wiki, which is a fluid, changing document and can be edited by anyone. Each page has an Edit tab. This tab gives information about how recently a page has been changed in some way. Even the most benign topics reflect a change within the past month. One way you might be able to use Wikipedia is to scroll to the bottom of an entry page and look at the sources that are listed for writing that page. Your faculty probably will not accept a Wikipedia article as a source.

Sources Needing Only an In Text Citation

Biblical Entries or Classical Works

- References from the Bible or other classical works (Greek & Roman) are cited in text but no entry is required in the References list.
- Cite the chapter, verse, of the source (since these are uniform across versions) and the version used. An example for a Bible references would be: (Rom. 3:21 New International Version).
- APA does not provide a list of approved abbreviations for books of the Bible. It is appropriate to use lists provided by other writing styles, such as MLA or Chicago. Here is a suggested list provided by another institution: [http://hbl.gcc.libguides.com/BibleAbbrevTurabian](http://hbl.gcc.libguides.com/BibleAbbrevTurabian)
- If you do not change versions in your paper, you do not have to repeat the version.
- A second Biblical reference in the same paper would be: (John 3:16).
- This kind of citation only applies to the actual scripture or classical work. Commentary of the scripture or classical work would be cited like any other book with an in text citation and appropriate References entry. This is an example of how one might cite and reference a study Bible with notes or commentary:

  - For an in text citation of the commentary from this Bible, an example of an in text citation: “Joshua was a brilliant military leader and a strong spiritual influence” (*Life Application Study Bible*, 2005, p. 300).

Personal Communication

- Includes email, interviews or any method of communication that is not archived. This would include class lectures, handouts as they are not publically available.
- The same format is used for any kind of personal communication. Either format below is acceptable.
  - “The church will continue to provide an emphasis in small groups because that is what has allowed us to grow the way we have” (B. Lyle, personal communication, May 5, 2013).
  - B. Lyle stated that “the church will continue to provide an emphasis in small groups because that is what has allowed us to grow the way we have” (personal communication, May 5, 2013).
Numbers in APA

- Numbers zero through nine are written out. For all subsequent numbers, the numeral can be used, e.g. There were 59 subjects used in the study. There were four that were in a post-retirement age bracket.

Creating the References

Using the Cite Feature in the Library Databases

Many of the databases that are provided through the library are provided by third party vendors, e.g. EBSCO provides 40 unique databases; ProQuest provides 22 unique databases. Once the link is made to a database, one leaves the IWU servers and goes to databases outside the control of IWU. Some of these vendors make an attempt at providing an APA reference for articles in the databases; however, these are generally not accurate. Since they are using computers to generate the citation, they cannot always account for the variations of italics, capitalization, or including information not provided by the database citation, e.g. publication’s home web page that is required for APA.

It is the student’s responsibility to verify each database provided APA citation to the source for APA issued to students, e.g. APA 6e Guide; Publication Manual of the American Psychological Association, 6th ed. To illustrate what you might find, here are 3 graphics. The first one is how an article looks in the database list and the 2nd one shows the database generated citation for APA and the 3rd is the corrected version according to correct APA.

Example 1: As the article looks in the database listing, Business Source Complete.

Example 2: The database provided APA citation.

Example 3: Corrected APA format per APA 6th ed.
In this example, the changes that should be made are the title (change GOOD to good) and add the publication’s web home page because no DOI number was provided for this article.

The following pages give examples that mirror the most commonly used sources by students. Unlike the body of the paper, only one space is used after any punctuation mark in the References list.

General Formatting Tips for APA References Citations

Here are some basic rules for citations that are characteristic of many sources.

- Use the author’s surname and only initials for any first, second or third names.
- A comma separates all authors.
- An ampersand (&, and sign) is included between the last and next to last authors, even if only 2 authors, (Jones, & Brown, 2015).
- The date is always enclosed in parentheses.
- A period follows the date.
- Use only the year unless there is no volume and issue number given or it is a daily publication, such as a newspaper, e.g. (2015, August 25). Start with the year, then the month and day. Write out the months.
- Book titles, journal/magazine titles and web sites are all lower case except the first word, first word after a colon and any proper nouns. This rule supersedes what you might find in a database format for APA!
- Book titles, journal titles and titles of a web technical report, e.g. PDF, are in italics.
- Journal titles are capitalized except for insignificant words within the title, less than 4 letters, e.g. Journal of Business Ethics; Journal for the Study of the New Testament.
- For a book title, the city and state or country, are listed first, followed by a colon, and then the publisher.
- Omit words like, Inc. Co. Publishers, from the publisher name.
- Following a journal title, use a comma, followed by the volume number in italics, no space, and then the issue number is parentheses. The issue number is in regular font.
- A comma follows the issue number, followed by the page range. The range should be fully written out, e.g. 345-349, NOT 345-9.
- There are three acceptable ways to display the DOI in the References list. The are given below as they historically were introduced, with the third one being the preferred display as it is the newest and is supported by CrossRef.
  - http://dx.doi.org/10.1007/s10551-016-3061-6 (introduced in 2012)
- As of 2017, APA is allowing hyperlinks to be displayed as underlined. However, if this is done, it needs to be consistently done throughout the entire References list. Hyperlinks can be removed in your word processor. See Section: Removing Hyperlinks for URLs.
  - If you are unsure as to what to do, consult your professor as they may have a preference.
- When a URL or DOI number end a citation, never use punctuation following them.
- A URL can be broken across lines to make it fit within the lines, however, never break it after punctuation, always before the punctuation.
Most Commonly Used References

References – Archival Documents


- The APA 6th edition gives two ways to document something that is limited to only one database in availability, such as the ERIC database.
- The examples above illustrate both methods. These are representative of the ERIC documents, not the ERIC journal articles.

References – Books


- Always include the state postal code with cities or the country for foreign cities, e.g. New York, NY or London, England.


- Sometimes a book may be a revision of the original and be a 2nd, 3rd, 4th, revised etc., edition of the original. That information is important and should be included in the citation per the above example. Do not use superscript for “nd,” “rd,” or “th.” If it was simply a revised edition, use, (Rev. ed.).

References—Book Chapter from a Collection of Works by Various Authors

- This includes books where each chapter or section are written by different authors. Generally, the names listed on the book title page are editors of the entire book.
- The author of the chapter is what gets cited in text, not the editors of the entire book. Although the editors are given in the References entry, they are never cited in text. In the example below, the in text citation would be (Goodman, 1955) or (Goodman, 1955, p. 96).
• Page numbers for the actual section/article used are given in the References entry, immediately following the book title.
• A Quick Guide in APA Style CENTRAL on this topic is available at this link: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-5


References – Book Review

References – E-books
• Do include a DOI number*, if available. *See Section References – Journal/Periodical Articles and following for a further discussion of DOI numbers.
• Provide the format that was used, e.g. Ebsco version, Kindle DX version, Sony version, Nook version, iBook version, Adobe Digital Editions version, VitalSource version, etc., if you download the book. For example, when EBSCO books are downloaded to your local computer, they require Adobe Digital Editions. This would be the format for the downloaded book. That notation would go in square brackets, right after the title. The second example below demonstrates this.
• If you read the book online from within the database, e.g. ProQuest EbookCentral, then no explanatory format information is needed. The first example below demonstrates this.
• For an example of a VitalSource e-textbook, see the next section: References – Courseware E-Textbook.
• Note that the original publisher information is included, but the URL is the URL of the publisher of the e-text of the book.


References – Courseware E-Textbook

- Many classes are using e-textbooks that are published by a variety of publishers.
- These textbooks are made available electronically through a digital textbook platform, VitalSource. VitalSource is the publisher responsible for converting the book (no matter the original publisher) to an e-text. So, the book could be originally published by Prentice Hall or Wiley, but VitalSource is the publisher of the e-text version.
- The example shows a typical e-textbook available through VitalSource.
- Publisher information is from the original print version, but the URL represents the publisher of the e-text.


- Do not use Wikipedia as a reference book source.


References – Reference Book Article, No Author or Editor


References – Brochure

- The square brackets in APA after the title are used to denote any unusual format apart from books, journal articles, newspaper articles, web sites, etc. This could include brochures, maps, DVDs, paintings, etc.
- When a corporate author is used and they are also the publisher of the source, use Author in place of the normal publisher location.
- When there is no author, the in text citation would be the title. It can be shortened, however. An example of an in text citation for the second example below might be (DiSC Classic, 2001, p. 3).
• Note: your title may vary as the one in the DiSC citation is no longer in print. Use the title that is on the front of your booklet and be sure that you identify the date and publisher and change as needed.


**References -- Theses and/or Dissertations**


Gazan, L. O. (2009). *Patterns and trends of effective teaching in the nursing simulation lab* (Unpublished master’s thesis). Indiana Wesleyan University, Marion, IN.

• Dissertations published in a print edition or uploaded to ProQuest Dissertations & Theses Global database are considered published works and would follow the pattern of the first example below.
• The second example might apply to a thesis or dissertation that was never printed and bound or uploaded to any online repository.

**References -- Newspaper Article (Print)**


• Use the full date for newspapers including the month and day.
• Include the section of the newspaper, not just the page number. How a newspaper displays that may differ, e.g. the letter may come first. Use what you see on the page.
• Usually there is no volume or issue numbering.
• An APA Style CENTRAL Quick Guide covering citing newspaper articles is available at this URL: [http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-1](http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-1)
References – Online Newspaper Article


- For online newspaper articles only give the entry point URL for the newspaper. This allows for unavailable or extinct links. This is usually the publisher’s web home page.
- The above examples used the home page for the *Washington Post* and for *Wall Street Journal*. It is not a link to the article. The reader may not be able to get to the article if a subscription-based library database was used.
- Do not give a retrieval date.
- This information is also covered in the APA Style CENTRAL Quick Guide http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-1

References – Newsletter Article, no author

References – Magazine Articles


- If you find the article full text in one of the library’s databases, APA says to use the entry point URL for the magazine. [You may need to Google the title to locate this or look it up in Ulrich’s Global Serials Directory available from the IWU library databases listing, under General Resources.] Alternatively, treat the article as if you found it in a print journal and omit the retrieval statement. [For some programs that use an APA manual, follow the instructions per your book, citing the journal publisher’s web site.]
- Magazines are those titles that are published, daily, weekly or monthly and have a popular appeal. The article authors are generally employees of the magazine publisher. Some examples of magazines are *Time, Business Week, Forbes, Prevention, Christianity Today*, etc.
- When your instructor asks for scholarly or academic articles, magazine articles do not qualify. When in doubt, consult OCLS!
- As yet, publishers of magazines are not assigning a DOI, so you will need to use the publisher’s web home page (see below).
For additional information on citing magazine articles, see the APA Style CENTRAL Quick Guide at http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-3

References – Journal/Periodical Articles

- There are 2 things to look for with a journal article.
  - If there is a DOI*, use that as the end part of the citation.
  - If there is no DOI, then use the journal publisher’s entry URL at the end of the citation. For example, the home page for Forbes magazine is, http://www.forbes.com

- Journal/periodical articles are generally considered scholarly or academic. They are not necessarily peer-reviewed. These articles are preferable in academic research. Many of these kinds of journals do provide DOI’s, but not all of them do.

- The DOI number always starts with 10. The remainder of it is alpha-numeric. Database accession numbers or ISSN numbers are not the same thing as a DOI number. Neither are used in APA for article citations—just the DOI#.

- When DOI#'s were first introduced to APA they were represented as doi:10.0000/0000. Since then, the display for DOI’s as evolved so currently there are three acceptable formats. The key issue is consistency. Preferably use the latest format but which ever you use, be consistent with that format for all of your paper. The newest formats show a URL which is a searchable link to the publisher’s page for that article. Some journals and CrossRef (see next section, References – Journal/Periodical Articles With a DOI, for further explanation of CrossRef) are beginning to provide the newest format. See the examples below.

- The three acceptable formats, in order of how they have evolved from CrossRef:

- *DOI stands for Digital Object Identifier. It is that article’s unique address on the internet. Depending on your access it may or may not lead you to the full text of the article but the DOI will lead you to the citation information about the article.

- For additional information on citing journal articles, see the APA Style CENTRAL Quick Guide at http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-66

References – Journal/Periodical Articles With a DOI


- All three examples are correctly displayed, although the latter is preferred.
- Note that this one uses the IV as a designation for the author. Abbreviations, such as Sr., Jr., II, III, etc. are used in the References list, but titles are not, such as, PhD, EdD, RN, etc. It would not be used for the in text citation.


- DOI numbers are found as follows. If these methods do not work, then you can assume that none has been assigned from the publisher.
- With the citation in the database. Sometimes it is available on the short version of the article and sometimes you have to click on the article title and look at the full citation. There can be a specific field for it or it may be “tacked” on to the end of the abstract field.

**Abstract:** Executive orders are important presidential tools for health policymaking that are subject to less public scrutiny than are legislation and regulatory rulemaking. President Bill Clinton banned smoking in federal government buildings by executive order in 1997, after the administration of George H.W. Bush had twice considered and abandoned a similar policy. The 1991 and 1993 Bush proposals drew objections from agency heads and labor unions, many coordinated by the tobacco industry. We analyzed internal tobacco industry documents and found that the industry engaged in extensive executive branch lobbying and other political activity surrounding the Clinton smoking ban. Whereas some level of stakeholder politics might have been expected, this policy also featured jockeying among various agencies and the participation of organized labor. (Am J Public Health. 2009;99:1588-1595. doi:10.1025/APJH.2008.151829) [ABSTRACT FROM AUTHOR]

- It should be located on the first page of the article. It can be at the top or at the bottom or along the side.
- You can use CrossRef. We have a link from the OCLS web pages. (http://www2.indwes.edu/ocls; click on: APA Style (under Key Links); click on: Locate a DOI for your articles). You can copy and paste your citation into the box. If a DOI is available, it will give it to you. It gives both formats per the discussion above.
- For a better understanding of where to locate the DOI# or the publisher’s home web site, see http://www2.indwes.edu/ocls/APA/ElectronicArticlesAPA.pps

**References – Journal/Periodical Articles Without a DOI.**

• For articles that have no discernible DOI number, use the publisher or journal’s entry page, just as for magazines.
• These can be found by looking at the Publication page in most EBSCOhost databases or simply using Google to search for the title.
• The database, Ulrich’s (listed under General Resources of the Article Databases) also provides the publishers web home page.
• If you are not using an APA manual for your program it may be appropriate to treat the article as if you retrieved it from a paper source. Thus omitting the sentence: Retrieved from http://www.ssc.wisc.edu/jhr

References – In Press Article
• Articles that have been submitted and accepted for publication are in press. They are listed without giving volume, issue or paging until such time as they are published.
• If you have multiple entries by the same author, the in press article follows the published article.
• If there are multiple in press articles by the same author, use (in press-a, in press-b, etc.) and list them alphabetically by the first word after the date element.
• Emerald Insight provides access to in press articles. They are denoted with an E.
• It is preferable not to use these since they may still be in the peer-review process.


References — Technical Reports, Research Reports, Non Newspaper or Journal Articles
• Websites can be difficult because you may not be able to find all the information that is needed for a complete citation. The “parts” should include: Author. (Date). Title of the page (Report No. or format). Retrieved from actual date from full URL.
• If the web page, in your opinion, will not change, the retrieval date is not needed.
• Be sure you copy the URL address accurately. When your paper is submitted it should be a working URL and take the reader to the web page cited.
• If a web page does not have an author, the title of the web page moves to the first position. Then that is what is cited in text. (See Quote; Paraphrasing, No Author).
• If a web page does not have a date, substitute (n.d.). That is what is used for the in text citation.
• APA provides a nice chart that documents some of the possibilities. http://blog.apastyle.org/files/how-to-cite-something-you-found-on-a-website-in-apa-style---table-1.pdf
• A visual, interactive presentation on Website Reference is found on the APA Style CENTRAL pages at: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-8

**References — Technical Reports, Research Reports, Corporate Author**

- Some groups of web pages do not have a specific author for a particular page, but it is among other pages that are representing some corporate organization, association, government office, etc. The 2nd example below demonstrates a document from a government agency.


**References — Web Pages**

- Titles of pages found on the web that are stand alone are italicized. An exception to this rule are blog posts, online forums, blog comments, status updates, etc.
- The format for a paraphrased in text citation would be as follows: *(Bank Reconciliation Statement, n.d.)*
- Include the retrieval date if the page could change over time.
- A Quick Guide from APA Style CENTRAL is available at: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-8


Note: a retrieval date was used for this one because this author notes that the creator of the web page changes articles but retains one access URL.

Other Kinds of Reference Examples:

References – Annual Company Report (taken from the company web site).

References – ATLA Monographs

References – Blog Post and Blog Comment

- Note that the title is not in italics.
- You may also see [Weblog post] used as this is what is printed in the *Publication manual of the American Psychological Association*, 6th ed. However since that printing APA has moved away from that term and are using [Blog post] (American Psychological Association, 2012).
- If responding to a blog post then the square brackets would be [Blog comment].
- For additional visual and interactive information, view the APA Style CENTRAL link: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-9

References – Business Plan from Business Plans Handbook (Gale Virtual Reference Library)
- See section, References – Reference Book Article, for additional examples of citing e-reference books.

References -- CINAHL Evidence-Based Care Sheets

- The Care Sheets are distinctive to the CINAHL database and not available elsewhere. Therefore, they are referenced to the database that they reside in rather than a publisher URL.

References – Cochrane Library

https://doi.org/10.1002/14651858.CD006322.pub2

- IWU’s subscription to Cochrane Library has a How to Cite link which gives the needed information, but the actual format is not per APA. Use the information per the example above to create the needed References citation.

References – Course Supplemental
Information systems foundation [Course supplement]. (n.d.). Retrieved from Indiana Wesleyan University, Brightspace, MKG-350 classroom.

Topic 03: Research in psychology. (n.d.). In The field of psychology [Course supplement]. Retrieved from Indiana Wesleyan University, Brightspace, PSY-150 classroom.

- Sometimes a course will provide additional teaching aids that accompany the assigned readings for the course. Often these are provided by the book publisher to enhance and provide further teaching on a topic. They may be interactive exercises. They do not include links to streaming media, such as YouTube or Films on Demand or include articles or books from library or open source locations. Citing those kinds of resources are covered by that item in other locations in this document, e.g. Films on Demand media.

- The above gives one example where the entire media was given in the activity and the second example is one where the presentation was divided into multiple topics.

- If there is an obvious author, it would start with that and the date follow the author and then continue with the citation.

- If a date is given, that would replace the n.d.

- The first part of the retrieval statement will not change, but the course number would change, depending on the course.

- When citing the above example in text it would be for a paraphrase (“Topic 03,” n.d.). For a quote (“Topic 03,” n.d., para. 1). If an author was given, then the author(s) names would be substituted.
References – Court Decisions

- Government statutes, federal code, state codes, legal cases, etc., are difficult to cite because they do not follow the pattern of any other kind of APA citation. Instead, they follow The Bluebook: The Uniform System of Citation (18th ed., 2005). The Bluebook is the writing style used by the legal community. The APA Blog provides an explanatory entry as well as links to more blog posts on legal citations, http://blog.apastyle.org/apastyle/2013/02/introduction-to-apa-style-legal-references.html

References – Company Profiles and Industry Profiles (found in EBSCOHost Business Source Complete)

- There are probably two correct ways of doing these. The company profiles come from several different sources. Examples are given below.


- Since the first element in the References citation is Company profile, that is what gets cited in text: (Company Profile, 2012, p. #), if it is a direct quote form the document or (Company Profile, 2012), if it is a paraphrase. Note that in text, you do capitalize significant words in the References entry.


- An industry report could be done correctly one of two ways as illustrated below.


- Since the first element in the References citation is Health care, that is what gets cited in text:: (Health Care Equipment, 2013, p. 12) , if it is a direct quote form the document or (Health Care Equipment, 2013) ), if it is a paraphrase. Note that in text, the significant words are capitalized.


- Since the first element in the References citation is MarketLine, that is what gets cited in text:: (MarketLine, 2013, p. 12) , if it is a direct quote form the document or
(MarketLine, 2013)), if it is a paraphrase. Note that in text, the significant words are capitalized.

References – Company Form 10-K

- These reports are available for any publically traded company. They are available from a public government site of the U.S. Securities Exchange Commission, EDGAR.

References – ERIC Documents
- See References – Archival Documents, for examples of how to cite an ERIC document.
- These include the documents in the ERIC database that have an accession number starting with ED and are generally available from http://eric.ed.gov web site.

References – Films on Demand Streaming Media (Title)

References – Films on Demand Streaming Media (Segment)

- If you reference several segments of a media title, then the in text citations will all look the same, e.g. (Films Media Group, 2007). To differentiate them, you need to alphabetize them first in your References list. The first element to change will be the segment title, (in the example above that would be Rising costs of prescription drugs). Then assign an a,b,c, etc., for however many you reference. If you reference two segments, and the first one is titled, Projected healthcare costs. It would be assigned (2007a) and the example used above would be 2007b. The date with the small letters are used in the References entry and the in text citations.
- It is also appropriate to cite the actual producer of the media rather than using the streaming media database as the producer. In this case, a citation might look like this:

**References – First Research Industry Reports**


- Since this is proprietary information to this database, it would be appropriate to include the name of the database, too. Generally, for articles, etc., database names are not used.

**References – Government Web Site**


- The difference between the first and second examples from the CDC is that one was a web page with information and the second was a PDF document that could be downloaded as a standalone piece.
- CDC can be used for an in text citation after the first time of spelling it out, but in the References list, a corporate author should be spelled out and the acronym not used. An example in text citation of the 2nd entry above would be for the first time cited, (Centers for Disease Control [CDC], 2015b). Any subsequent in text citation would be (CDC, 2015). Note that the a and b were used since in text it would be impossible to differentiate which source was cited.
- If it is a U.S. government office, start with the largest division and then add the sub office that is under that larger division. Note that U. S. uses the acronym when used with a government office.
- If using a site with statistics that could change with time, e.g. unemployment rate, include a retrieval date, e.g. Retrieved August 20, 2015, from [http://www.bls.gov/news.release/laus.nr0.htm](http://www.bls.gov/news.release/laus.nr0.htm)
Also see, References -- Technical Reports, Research Reports, Corporate Author.

References – Images/Graphics/Photographs

Even if the website is described as a “free clip art” site, you still need to provide an in text and References entry for the image, using a similar format to the above example. Clipart is no longer a part of the Microsoft Suite. Instead when you want to insert an image, it immediately takes you to a Bing search engine search. In other words, you are going outside your software to search on the internet for an image. It, also, needs an in text citation and References entry. It is located on an external site and created by someone, so it should be noted per APA.

It is not unusual for a graphic to be untitled. For example, in searching for the right graphic to use, a student might do an image search for a person sitting at a computer. A group of images display and one is selected to use in a PowerPoint. There is no title or date; only the URL is given where the image originally is stored. This might be an appropriate way to reference it in the References list:


References – Lecture from a Class
- Two examples are given depending on whether the source was a public site, from the course management system or from a face to face situation where the lecture was distributed. The first one should have a References entry per the first example below. For the latter two sources, they would be considered Personal Communication and only cited in text, not in the References list. See Personal Communication.
- If you are referencing your own personal notes of a lecture then for that situation it would be referenced as personal communication since your own notes are only available to you. See Personal Communication. The following examples are fictitious sources.


An in text citation only is used, such as this (L. M. McKenzie, personal communication, September 7, 2012).
References – Legislation, Statutes and Regulations


- Government statutes, federal code, state codes, legal cases, etc., are difficult to cite because they do not follow the pattern of any other kind of APA citation. Instead, they follow The Bluebook: The Uniform System of Citation (18th ed., 2005). The Bluebook is the writing style used by the legal community. The APA Blog provides an explanatory entry as well as links to more blog posts on legal citations, http://blog.apastyle.org/apastyle/2013/02/introduction-to-apa-style-legal-references.html

References – Motion Picture

References – Music Recording

References – Podcast

References -- PowerPoint Slides

- Note that when a URL needs more than one line, break the URL before any punctuation, e.g. / or – or period. As the example above shows, the slash starts the 2nd line.

References – Software
References – Standard & Poor’s NetAdvantage

- There are several different kinds of sources available in S & P’s NetAdvantage so this example may not exactly match up with what you are citing. Pay close attention to the title, date, if it has an author, but the retrieval information would be the same.


References – Student Handbook (IWU publication)


- Available from Indiana Wesleyan University Portal, Academic Sites, RNBS Student Resources, is used because the IWU portal is a secure site that is only available to the IWU community. Giving an actual URL would not be accessible for anyone outside of this community.

References – Student Paper

Bitner, A., Freeborn, M., & Lamar, A. (2011). Organizational culture among executives at Eli Lilly. Unpublished manuscript, College of Adult & Professional Studies, Indiana Wesleyan University, Marion, IN.

- Note: There might be occasion to cite a student paper from a previous class. Although this is not a recommended practice, it should be cited per above. Self-plagiarism is discouraged because the majority of the new document should be original research and text.

References – Syllabus


References – Television Show, One Time Occurrence

References – TREN document (Theological Research Exchange Network).

- TREN is a database of dissertations and theses prepared for graduate theological schools.
- IWU provides the full text of these documents from the library catalog.
- These are considered electronic books.

References – University Catalog

- A new catalog is electronically published each year. Generally, students retain the catalog that they began with in their first course of their degree program. So, for example, if a student began a degree program in September of 2014, they would continue to use the 2014-2015 edition of the catalog even though in the fall of 2015 a new catalog was published. Displaying the date as a part of the title is important.

References – UpToDate™ database

- Use the format for a chapter in an online book. (This is the suggested format from the UpToDate database producers.)
• Since this is constantly updated information, it is best to use a retrieval date and actual
date of the most recent revision.
• Many of the entries in UpToDate have a Deputy Editor and Section Editors. Only use the
Deputy Editor.
• UpToDate also provides drug information that comes from Lexicomp™. A drug entry
might be cited as follows:
http://www.uptodate.com/home/index.html

• The in text citation would be: (“Pirfenidone,” 2017). If it was quoted, then a paragraph
number or section header would be added: (“Pirfenidone,” 2017, Section adverse
reactions).

**References – Video**
the beginning: 3 steps to ethical decisions* [DVD]. Bellevue, WA: Quality Media

**References – YouTube Videos**

• Some users in YouTube, go by a pseudonym, instead of their real name, Mr. Beck’s
World, UnboringLearning, or Alex A. Use the author’s real name and their pseudonym
in square brackets right after the name. If only a pseudonym is used then it is used as the
author.

**PowerPoint™ Presentations and APA**
Just as you cite and provide References for a paper it is also important to provide in text citations
and References for a PowerPoint™ presentation. This includes images that are used. There are 2
commonly accepted practices for citing and you may want to check with your instructors to see if
they have a preference.
• One way provides an in text citation on each slide just as you would do for a paper. If
only one source is cited per slide, the in text citation can be positioned at the bottom of
the slide. If more than one source is cited per slide, then it would be best to place the in
text citation with the content. Then the last slide in the presentation would be the
References list, just as you would for a paper. Both of these can be done in a small font,
e.g. 12 or 14 point font as they do not necessarily need to be read in a large presentation
room, but they do show that you are giving credit for content not original to you.
• The second way provides for the full References entry at the bottom of the slide where that content is shown. Again, it can be in a small font size so that it does not consume the slide.
• Probably of these two methods, the first is the least obtrusive to the flow of your actual presentation.
• Note about clipart: In pre-2013 versions of Microsoft Office, clipart came as a part of the software. In their 2013 and subsequent versions going to the Insert option there is the option to insert from saved pictures on your local system or finding online pictures. The latter initiates a Bing search for images. These, too, need to be cited per any other images that might be used.

**APA Style CENTRAL™**

APA Style CENTRAL™ is a system created by the same people that write APA. Off Campus Library Services pays for subscription to this resource. It has several areas:

• Learn – Quick Guides, Tutorials, References examples, paper examples, Tables and Figures examples are all available in this area.
• Research – Access to My References, search in APA dictionaries, use their guide to research, etc.
• Write – Allows the user to create, save, and continue editing papers. This area requires an additional username/password, created by the user and only available to the user as it is the personal space of the user.
• Publish – Used if the intention is to publish journal articles and submit them for publication.

OCLS highly recommends the use of APA Style CENTRAL as it takes the stress out of the APA formatting both for the paper as a whole and the individual citations. Although the user still has to know when to cite correctly, it will create the correct format for the citations.

**Formatting Your Paper in Word**

**General Paper Formatting**

Use the margins function (in Word 2010 and higher this is under Page Layout) and verify that the margins are set at one inch on all four sides. This is the default for Word 2010 and subsequent versions.

Set your paper for double spacing. This is found on the Home ribbon in the Paragraph area.

Later versions of Word by default add a little extra white space between paragraphs. This throws off a true double spaced appearance. To alleviate this default you need to modify some settings.
each time you start a new paper (you can set this as the default setting for all Word documents). Click on the arrow for the Paragraph section on the Home ribbon.

In the Spacing area, make sure there is a check mark next to: *Don’t add space between paragraphs of the same style*. Also be sure that the number for Before: and After: are both set as 0.

This will take care of that default setting for your paper. You will have to make that change each time you start a new paper or set that as the default setting for all Word documents.

**Setting up the Running Head**

APA requires a running head on every page of the paper. The Title page or first page of the paper has a different running head from the remainder of the paper. This takes some extra formatting in your word processing program.

Page one:
- On the left hand margin it should be: Running head: TITLE OF YOUR PAPER
- On the same line, but on the right hand margin, should be the page number, 1.

Page two and all subsequent pages:
- On the left hand margin type the following: TITLE OF YOUR PAPER
- On the same line, but on the right margin, should be the page number 2.

**Running Head in Word 2010 and subsequent versions**

- Starting at the top of page 1, go to the Insert ribbon.
- Select Header, Edit Header.
- Place a check mark beside: Different First Page.
- Enter the phrase, Running head: TITLE OF THE PAPER, on the left margin.
  - The capitalized title words should not be more than 50 characters, including spaces.
  - The title does not have to *exactly* match your main title, but *should* convey the exact same concept. It may just as easy to use the first part of your full title.
- Tab to the right margin, click on the Page Number icon.
• Select Current Position; Simple, Plain Number.
• Type number 1.
• Close the Header and Footer ribbon.
• Type the remainder of the information for the title page.
• Enter a Page Break to move to the 2nd page.
• Go the Insert ribbon.
• Select Header, Edit Header.
• Enter just the title of your paper in all capitals.
• Repeat the steps for inserting the page number. Page 2 should appear, you will not have to type it, after clicking on Page Number, Current Position, Simple, Plain Number.

Counting the Characters in the Running Head

There should be no more than 50 characters in the title words of the running head (this does not include the words, Running head). It is tedious to try to count those one by one on your computer screen. You can do that easily through your word processor.
• Double click on white space in the header area.
• Highlight the capitalized title words with your mouse.
• Go to the bottom left hand corner and click on Words (it may say the actual number of words).
• A box will pop up that gives a lot of information about your document. Pay attention to the one for Characters (with spaces). If the number is less than 50, then you do not need to drop any words. If it is more than 50, drop words from the end of the title or make sure that it conveys the exact meaning of your full title.
• This is a good step to know about for counting total words in your document, too.
Here are some tips for deciding to use a table:

- Tables can visually display numerical values or textual information.
- They are neatly arranged in columns and rows.
- Anything else (no rows or columns) is considered a figure.
- Do not overuse tables. Most times information is better communicated in text rather than in a table.
- For a class assignment, fair use will allow the use of a table from another source whether presented as is or adapted. However, attribution must be given to the original source with the table. If correctly cited with the table, and that source is not cited in the body text of the paper, no entry is needed in the References list. If your paper will be published, i.e. IWU library catalog or ProQuest Dissertations & Theses, you must obtain copyright permission to reproduce the table.

Formatting the table:

- Use 12 pt., New Times Roman for most tables. If needed you can go as small as 10 pt. font, but no smaller. Tables can be single spaced but if there is more clarity with additional white space it is preferred to use double spacing.
- As much as possible, keep the table on one page.
- It can be presented in the paper in either landscape or portrait.
- Every row/column must have a label.
- Use a lightweight line and only use horizontal lines, no vertical lines.
- The table number is in regular font, using numerals for numbering.
• The table title is in italics with all significant words greater than 3 letters capitalized. It is above the table.
• A table may have 3 kinds of notes underneath.
  o A general note explains any information that relates to the table as a whole. This is where information would be included attributing the information in the table to another source. A general note starts with the word, Note and it is in italics, followed by a period.
  o A specific note gives explanatory information for just one column, row or cell of the table. Use a superscript lower case letter.
  o A probability note helps to explain when probability markings are used in a table, e.g. asterisks or other symbols.
• Tables are numbered sequentially as they are discussed in the text, e.g. Table 1; Table 2, etc.
• A table should be referred to in the text of the paper. An example of this might be: Table 3 explains the gender breakdown of the research group. Never include a table (or figure) that is not mentioned in the body text.
• Using the Insert ribbon of the word processor, tables can easily be inserted into a paper. However, the formatting of the generic table is not per APA guidelines. You will have to edit some of the lines and erase the vertical lines to get it to match the example below. Here is an example of a correctly formatted table.

Table 8

Gender of Leader

<table>
<thead>
<tr>
<th></th>
<th>Frequency</th>
<th>Percent</th>
<th>VP</th>
<th>CP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Valid</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>male</td>
<td>84</td>
<td>69.4</td>
<td>69.4</td>
<td>69.4</td>
</tr>
<tr>
<td>female</td>
<td>37</td>
<td>30.6</td>
<td>30.6</td>
<td>100.0</td>
</tr>
<tr>
<td>Total</td>
<td>121</td>
<td>100.0</td>
<td>100.0</td>
<td></td>
</tr>
</tbody>
</table>

Note. VP stands for Valid Percentage and CP stands for Cumulative Percentage.

• APA Style CENTRAL has two visual, interactive presentations illustrating information about Tables. They are found in the Quick Guides: Table Components: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-44 and Table Guidelines: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-45

Formatting Figures

Tips for deciding to include a figure:
• Includes anything that does not display well in a table.
• Should add value to the paper.
• May be displayed more accurately and more visually appealing than a table.
• Create them in such a way that they will be understood without having to read the text of the paper.
• Conveys essential facts.
Figure 3. Laissez-faire leadership style.

Note. The histogram illustrates the perception of laissez-faire leadership style displayed in the two leader groups.
Figure 4. Williams Prayer Chapel on the campus of Indiana Wesleyan University. Copyright 2013 by J. L. Kind.

- There are two Quick Guides on Figure Components and Figure Guidelines available on the APA Style CENTRAL site: Figure Components: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-42
- Figure Guidelines: http://0-apastylecentral.apa.org.oak.indwes.edu/learn/browse/QG-43

Removing Hyperlinks for URLs

Web addresses or URL’s should either consistently display as hyperlinked or as not hyperlinked. They should all be same throughout the paper. Choosing not to hyperlink is easily accomplished. Word processing programs want to automatically hyperlink these, turning them blue with an underline. Hyperlinks are removed as follows.

- Place the mouse over the hyperlink.
- Right click.
- Click on: Remove hyperlink.
Reference List Creation for WORD 2010 and all subsequent versions

A simple way to create your references is to use the ruler and drag the bottom part of the two arrows to the right one-half inch. This will create the hanging part of the References entry. Of course, you will need to be sure that it is set on double spacing. Now, when you type, the lines will word wrap and any 2nd or subsequent line will go to the hanging indent marker. When you do an Enter to start a new entry, the cursor will return to the left hand margin. Your typing should look like the Autry example in the illustration on the right. If the sources are already typed, simply highlight the References and move the arrow over and again, make sure all lines are double spaced.

The same thing can be accomplished by going to the Paragraph section of your Word toolbar, clicking on the small arrow in the bottom right hand corner. In the window that pops up, go the Special: area and use the drop down to select, Hanging. Click OK. Again, if your sources are already typed in, highlight all of them first so you can apply the new settings.

Getting Help with APA

Only a few examples can be demonstrated here. Here are some further resources and helps for understanding APA:

Sources to use for further APA Help


Off Campus Library Services. Available at http://www2.indwes.edu/forms/request.aspx or 800.521.1848.

**This document can be requested from OCLS for any IWU student/faculty.

**APA Research Paper Example: Sample Formatting With APA Writing Helps**

Here are some examples of papers done, using APA 6th edition:

- [https://owl.english.purdue.edu/media/pdf/20090212013008_560.pdf](https://owl.english.purdue.edu/media/pdf/20090212013008_560.pdf) (Provided by OWL, Purdue Online Writing Lab.)
- The next eight pages demonstrate an example of a Title Page, text pages and References list for a fictional APA paper, titled APA Research Paper Example: Sample Formatting With APA Writing Helps

Still have questions? Do not see your source covered here? Call: 800.521.1848 or use our email form: [http://www2.indwes.edu/forms/request.aspx](http://www2.indwes.edu/forms/request.aspx).
The phrase, Running head, is not capitalized, but the paper title is all capitalized.

Running head + TITLE should be 50 spaces or less. If you need to shorten the title, shorten it from the end, not the beginning of your title. See Formatting Your Paper: Counting the Characters in the Running Head.

APA Research Paper Example: Sample Formatting With APA Writing Helps

FirstName LastName
Indiana Wesleyan University

This personal information should be positioned in the upper ½ of the page. A good guideline is to space down about 2 1/2-3 inches.

Note that this title would be too long to include all in the running head. Only the first part is used.

Additionally, your instructor may ask for more identification information, such as, instructor’s name, course, date, plagiarism statement. Check with your instructor.

Note: The margins were altered for this sample to allow room for the call out boxes. Margins should be 1 inch all around the page. Fonts should be 12-point, standard font with serifs such as Times New Roman. All lines should be double spaced. Only use left side justification. Additionally, your program may require the placement of a plagiarism statement. This is not part of APA but may be required. Consult your instructors for correct placement and wording.
The first page of text will be numbered page two, and so on. It and all subsequent pages will include the running head in the upper left side. This header can be shortened but it must be shortened from the end of the title not the beginning. The page number is on the same line, but on the right hand margin. When you finish typing the text of your paper then use a page break in your word processing program so that your References list starts on a new page. The page break will keep the References from “traveling” down the page should you need to go back and insert a significant portion within the body of your paper.

Use an indentation (5-7 spaces) for new paragraphs and space two times between any end of sentence punctuation and the beginning of a new sentence. Try to include a minimum of three sentences per paragraph but even five to seven is a better target number.

In this paragraph both quoted in text citations and paraphrased in text citations will be demonstrated. It does not matter whether you quote directly or reword a concept into your own wording, both examples require an in text citation. Every sentence whether quoted or paraphrase needs an in text citation. This helps the reader to understand what is original to you and what is from another source. In the case of a quote, use quotations marks around the quoted material. Parris and Peachey (2013) contended that “leadership is one of the most comprehensively researched social processes in the behavioral sciences” (p. 377). Note that the punctuation for the quote is outside the parenthetical phrase at the end. That phrase is considered part of the sentence. By studying the leaders of an organization one can also determine the success of the organization (Parris & Peachey, 2013). This might be an example of citing a paraphrased section from a source. Sometimes a source may not have an author. In the example from the References you would cite like this. “Leaders have a responsibility towards society and those who are
disadvantaged” ("Servant Leadership," n.d., para. 1). The following paragraph demonstrates multiple sentences from another source to show how each sentence needs an in text citation. All the sentences were paraphrased from the source by Bass and Bass.

Bass and Bass (2008) include a short overview of servant leadership. The leadership model is attributed to R. Greenleaf and developed from his own experience as an executive in the business world (Bass & Bass, 2008). Bass and Bass (2008) explained that Greenleaf felt that a person’s ego could be a detriment to an organization’s success and instead the leader need to model a following behavior. Bass and Bass continued by saying that the greatest achievement of the leader was to consider first the needs of the followers. Although this is a known model of leadership in the business world it emulates the teachings of Christ.

Note that in the previous paragraph when the in text citation was included in the written text that the first time a full citation is included but if that same format is used subsequently that the date can be omitted. However, if the in text citation is provided at the end of the sentence in parentheses then the full information should be give every time. If another source were interjected in the middle of the paragraph than the next time Bass and Bass are cited the full information should be included. Each paragraph stands alone. There is no carry over from previous paragraphs.

If the quote is longer than 40 or more words then use an indented block quote without quotation marks. The indented block is still double spaced and an author, date and page number (if available) is still referenced. For the long block quote, the punctuation at the end comes at the end of the sentence and then the parenthetical information for the source. Here is an example of a long quotation as shown by Umlas (2013):
Servant Leadership, which started in the 1960s and is still practiced by such corporate giants as Southwest Airlines, Marriott International, Starbucks and many others, made some people feel put off by the concept of having a leader serve his or her followers. But the bottom line results and employee engagement that was created eased their discomfort. (p. 18)

Signal words are a good introduction for text that you are quoting or paraphrasing. Table 1 provides a list of possible introductory words to use. You can probably think of even more.

Table 1:

<table>
<thead>
<tr>
<th>Acknowledged</th>
<th>Believed</th>
<th>Emphasized</th>
<th>Proposed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Added</td>
<td>Claimed</td>
<td>Explained</td>
<td>Reported</td>
</tr>
<tr>
<td>Admitted</td>
<td>Commented</td>
<td>Found</td>
<td>Revealed</td>
</tr>
<tr>
<td>Advised</td>
<td>Conceded</td>
<td>Maintained</td>
<td>Said</td>
</tr>
<tr>
<td>Agreed</td>
<td>Concluded</td>
<td>Noted</td>
<td>Showed</td>
</tr>
<tr>
<td>Argued</td>
<td>Considered</td>
<td>Observed</td>
<td>Speculated</td>
</tr>
<tr>
<td>Asked</td>
<td>Contended</td>
<td>Pointed out</td>
<td>Suggested</td>
</tr>
<tr>
<td>Asserted</td>
<td>Described</td>
<td>Predicted</td>
<td>Wrote</td>
</tr>
</tbody>
</table>


When incorporating lists in your writing, the preferred methods are as follows. The first way is if the list is made up of short phrases. A good essay includes (a) a thesis statement, (b) an introduction, (c) at least three to four paragraphs of more than three sentences and (d) a conclusion. If this list includes sentences, then you would show write it another way. Boone and Makhani (2012/2013) noted some of the attributes of a good leader as:
1. The leader desires to see his employees succeed. [Note if there was a second line it is flush left.]

2. The leader will set the vision for the employees.

If your paper contains a lot of numbers or statistics and using these methods could prove more confusing, then bullets can be used. Use the standard circle or square bullets, not decorative shapes or colors for the bullets.

Please keep in mind that this “sample paper” does not follow the APA rule that every in text citation should have a corresponding entry in the References list and vice versa where every entry in the References list should be cited in the body of the paper. The following References list is provided to give you actual examples of some of the more commonly used kinds of sources and to show the hanging indent formatting and alphabetizing for the References.
References


Ver. 2017.10.20


Note: Some of the above are fictitious citations.